



Kerala Ayurveda Package

Price :	Rs. 3475 INR for 1 person
Destination :	Athreya Resort
Region :	South India
Validity :	From October 2009 to March 2010

Athreya Ayurvedic Resort is located perfectly in the midst of green paddy fields and swaying palms in an ideal location surrounded by an ayurvedic garden and scenic backwaters. The resort is built with traditional wood put together in an ethnic framework which is not only unusual but a form of ancient style which is truly a feast for the eyes. Our welcome block at the entrance which houses the reception, Administration and all consultation matters not only unusual but a form of ancient style which is truly a feast for the eyes. Our welcome block at the entrance which houses the reception, Administration and all consultation matters herbs and oils are used to cleanse, detoxify and rejuvenate each and every guest. Athreya Resorts understands the importance of the need of the traveler to travel back in time yet retaining the modern touch of living. Our many traditional and time-tested ayurvedic treatments will pamper you so much that you will make this your home away from home.

Athreya Resorts provides accommodation, which is inviting, clean and ethnic.

Heritage cottages with attached bathrooms. Each of these cottages though traditional in outlook has all modern attachments like hot and cold water, dressing area, CCTV, telephone and a traditional sit-out



Royal Cottage fit for royalty. Built in the traditional style of '**Arayum Nirayum**' this cottage is double storeyed with a balcony facing beautiful scenic backwaters and green paddy fields with swaying natural coconut trees. This cottage comes with all modern amenities like attached bathrooms, hot and cold running water, dressing area, CCTV and telephone.

Deluxe A/C Cottages with attached bathrooms, hot and cold water, dressing area, CCTV, telephone, traditional balcony to spend time in peace and harmony with nature. This cottage with convertible/ separate entrances is ideal for families with children or 2 couples.

Other facilities at the resort :

- Spacious, well furnished cottages-A/C and Non A/C

- Multi cuisine restaurant
- Telephone & fax
- Safe deposit locker
- Running hot /cold water
- Laundry facilities
- Ample car parking
- Library
- Full-time resident doctor
- Daytime lady doctor
- Yoga & Meditation hall
- Internet cafe
- School of Kalaripayattu
- Well-stocked Pharmacy
- Exotic herbal garden



Hotels

Name of package	Single (Per person price in INR)			Twin Sharing (Per person price in INR)		
	Economical	Standard	Deluxe	Economical	Standard	Deluxe
Classical Ayurveda	Rs. 3,475	Rs. 4,923	Rs. 5,958	Rs. 2,680	Rs. 3,485	Rs. 4,060
Panchakarma	Rs. 5,249	Rs. 6,698	Rs. 7,733	Rs. 4,455	Rs. 5,260	Rs. 5,835
Rejuvenation	Rs. 4,499	Rs. 5,948	Rs. 6,983	Rs. 3,705	Rs. 4,510	Rs. 5,085
Osteo-arthritis	Rs. 4,549	Rs. 5,998	Rs. 7,033	Rs. 3,755	Rs. 4,560	Rs. 5,135
Cervical spondilosis	Rs. 4,449	Rs. 5,898	Rs. 6,933	Rs. 3,655	Rs. 4,460	Rs. 5,032
Rheumatoid-arthritis	Rs. 4,649	Rs. 6,098	Rs. 7,133	Rs. 3,855	Rs. 4,660	Rs. 5,235
Psoriasis	Rs. 4,549	Rs. 5,998	Rs. 7,033	Rs. 3,755	Rs. 4,560	Rs. 4,962
Obesity	Rs. 5,149	Rs. 6,598	Rs. 7,633	Rs. 4,355	Rs. 5,160	Rs. 5,735



Package Includes

- Welcome drink on arrival(non alcoholic).
- Free use of internet facility at the resort.
- Accommodation on A/c Deluxe/N A/c standard/N A/c heritage rooms respectively.
- All meals (Ayurvedic).
- Therapy suitable to the packages.
- One time country boat ride in the pallom backwater.
- Deluxe class dental checkup.
- All taxes

Note:

Call now

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In UK:020-3286-5065

In India: +91-11-26 5323 55